

Fall Edition 2023

Seasons Change

It's that time of year again where we close our fun in the sun summer season and welcome fall. As we are all closing our summer camps and running down our winterizing check list there are things that we should all be thinking about to help keep our environment and lakes clean. Here is a check list to help you get a jumpstart on closing shop inside the camp:

- Ensure the power and water are in the proper vacant mode or off.
- Clean furnace and chimney flue and close the damper.
- ✓ Leave fridge door cracked open.
- ✓ Unplug all major appliances i.e., TV's microwaves etc.
- ✓ Pull the shades.
- ✓ Restock and store first aid kit.

Outside your camp is just as important. As the ice comes in and the water freezes things tend to move around and shift. So here is a check list to jumpstart your outdoor close:

- Clean and store your boats, docks, life jackets, ladders on the docks, jet skis boat lifts etc.
- ✓ Give the lawn another good mowing and then clean it off really good before you put it up.
- Clean all other gas-powered yard equipment.
- ✓ Look for air leaks around electrical wiring, dryer vents, pipes, windows and doors and seal them up with caulk or insulation if you find any to keep out the pesky pests.
- Clean out the gutters and check the roof shingles while you are up there.

- ✓ Store outdoor furniture, patio tables, and hammocks.
- ✓ Just as importantly...make sure your winter snow sports gear is ready to go for fun in the upcoming winter months!

Camp Closure Insight from the Pres...

The summer season of 2023 has come to an end. As we begin the process of closing camp, there are a few things to consider.

I have been opening and closing camp for many years and have learned some great ways to make opening a much more pleasant task. Here are some of the, what I call.... BIGGIES!

Bounce is my best friend – the original Bounce – I pick up a 240-count box and start!! A Bounce sheet is placed on every surface – between cushions on the couch, chairs, towels, linens, sheets, absolutely everywhere! In the spring, I pick them up and put them back in the laundry room and use them – they are still fresh and work perfectly. Mice do not like Bounce, and knock on wood, I have never had a mouse problem in the spring and camp smells great – not musty from being closed all winter! Home Run!

Kitchen must dos! Never leave canned food in the cupboards. Be sure to leave the fridge and freezer doors ajar – this prevents mold! If you must leave flour, sugar, baking ingredients - put them in sealed plastic baggies. Be sure to put bounce all through the cupboards, on the countertops and in the fridge and freezer. Place Bounce sheets on and around your

dishes so mice do not climb all over them. Unplug all appliances, so when you turn on the main power you do not overload the electrical system.

Pipes and Water – First Things First – Shut off the hot water tank, then drain the tank! I have replaced too many coils because that step was missed!! Be sure to drain all pipes of water – blow out the pipes with air pressure and place antifreeze in the drains – sinks, toilets, showers, washing machines and dishwashers too! If you have a waterline to your fridge, you must blow that line out too.

Well, I hope these few things I have listed help you to have a good closing and opening season. Enjoy the winter months and I look forward to seeing all our seasonal friend's next spring!

Signing off for now,

Kathy, CLIC President.

Why is Protecting our Clean Water so Important?

Such a great question and I know everyone is thinking the same thing. If not, then you probably don't realize that little things can make it so we don't have clean water in the future. When it rains or snow melts, storm water runoff picks up various pollutants such as dripped or spilled petroleum products, soil, fertilizer, pesticides, and even animal waste. From there it is carried into the nearest ditch. storm drain or stream and then on to our beautiful lakes which is one of the reason people summer in the great state of Maine and our beautiful border country Canada. By reducing the source of pollutants and cleaning up regularly you to can help

keep the rivers, bays and lakes cleaner. Just like so many of you I didn't know there were zoning laws before I joined CLIC. As found on the State of Maine website I found this bit of info pretty helpful: "Shoreland Zoning Law requires municipalities to protect shoreland areas through adopting maps and ordinances. Shoreland areas include areas within 250 feet of any great pond, river or saltwater body, upland edge of wetland areas except in certain situations, and areas within 75 feet of a stream. The law is primarily administered through each municipality, and the local code enforcement officer is usually the first point of contact on shoreland zoning issues. A recent study of 36 lots developed in compliance with Maine's Shoreland Zoning concluded that lakeshore development in conformance with Maine's law was as effective at protecting aquatic habitat as forested, non-developed lots," Keeping our habitat as well as the aquatic habitats is equally important if we want to continue to enjoy the way life should be on the lakes in the summer months. There are many Shorefront friendly-living practices that I encourage each and everyone of you to check out to see if there is a little something extra you could do to help out. In the meantime, I wanted to just to list a few:

- Soil erosion is the #1 pollutant to Maine's water system. So important that Maine legislature passed the Erosion Control law.
- Properly maintain unpaved camp roads
- Reduce the use of fertilizer.
- As much as we love the lake view, it is important to keep the shoreline trees and shrubs so they can infiltrate runoff as well.

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- Maintain your septic system.
- Pick up after your pets and put it in the garbage.

I could go on but I have to stop somewhere. Check out the website for more information.

Some Brief History

CLIC always welcomes and appreciates hearing the stories that people like to share. If you have some history, knowledge you would like to share please reach out to clicboard@gmail.com so we can share it with everyone else! This little nugget comes from Linda Bennett through our very own secretary, Frank Bolton: "Frank Bolton tells us that Linda Bennet recently sent him several copies of newsletters from CEA, the Chiputneticook (Lakes) Environmental Association dated 1975. Her father Donald Ellis, an eye doctor in Houlton, was a board member. Her brother was Bob Ellis, also an eye doctor in Houlton. I am guessing she was going through old papers at the camp where she had grown up.

Reports include that LURC (the Maine Land Use Regulations Commission) would take "at once" action in response to complaints about cutting being done on the arm on the Forest City side and that there would be, for the first time, sailboat races; one for lasers (perhaps two of them) and then for larger boats which would be judged by square footage of the sail. A later newsletter said 20 sailboats were involved with over 300 people participating or watching. The State was looking into the worms that were attacking the hardwood trees' leaves, Danforth and Weston had adopted a shoreline zoning ordinance, the lake (East Grand) water level was at the 15 year average and word had it that a new

bridge between Orient and Florenceville [sic] was maybe in the making. Mike Clark, president in 1976, indicated that the membership of CEA and the East Grand Lake Association had been merged over the winter, giving the groups a stronger arm to support COLA (the Congress of Lake Associations). According to Dale Wheaton who as president signed the previous year's newsletter, COLA was instrumental in getting HP 1459 – LD 1797 passed, a law which dealt with the maintenance of neglected dams in the state. There was a question as to whether it pertained to international waters. COLA also helped defeat legislation that would have weakened the Great Ponds Act. Thank you, Linda, for providing CLIC members with some history about Chiputneticook Lake associations that predate CLIC."

Annual Meeting Discussions 2023

As most of you know, CLIC has a meeting open to the public at the close of the season in August. We always provide snacks and refreshments for those that can take the time to join us. In attendance this year we had roughly 50 people. Here is what we discussed on August 19, 2023:

David Townsend announced that he would be stepping down as President of CLIC effective at the close of the annual meeting but would continue to chair the Save the Dam Committee. Kathy Conley, as Vice President would then be stepping up to President in an attempt to fill the very large shoes David was passing on.

Kathy presented a check for \$250.00 to the Danforth Community News (DCN)

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Scholarship fund. Three graduating students from the high school who are going on to college were given money from this fund this year.

We had a guest speaker this year from St. Croix Waterway Commission, Director Neal Berry. The Commission was established jointly by the Province of New Brunswick and the State of Maine in 1986. But Neil contributed the information to this conversation that according to the International Joint Commission (IJC), the water in EGL has been consistently good over the past 25 years. (The IJC held its first meeting in 1912, three years after the Boundary Waters Treaty was signed by the United States and Canada to investigate, resolve and prevent boundary water disputes.) There are issues with silting, beaver dams and algae in some areas. This is part of the reason why it is so important that we are mindful of what is going in to our waterways. Director Berry also discussed how things were going with the Dam. The long and short of it all was that negotiations are ongoing between the St. Croix International Waterway Commission and the Woodland Pulp mill regarding an operating agreement for an unlicensed operator. The Waterway Commission would be taking over the ownership of the dam and working with Woodland Pulp to have them be the operator of the dam. Other agreements are also being worked on. There is no change anticipated to the Canadian Fishway in Forest City at this time.

In addition to Director Neal Berry, we were also lucky enough to have Penobscot Region Supervisor Kevin Dunham from Inland Fisheries and Wildlife there to speak with us. Kevin reports spoke to the audience about the relatively recent history of the land locked salmon (LLS) in EGL. EGL is the principal cold-water fishery for land locked salmon, lake trout and brook trout. While lake trout are self-sustaining, brook trout and salmon are stocked annually. In the mid-1990s, dealers were catching smelt for sale and land locked alewives (LLA) were first reported by smelt anglers, though the alewives were sparse.

Stocking of LLS was reduced in 2002, then restored in 2003. In 2005, LLS's growth and condition crashed and in 2006, stocking was cut by 50%. The take-away is that though the number of LLS stocking is down by more than 60% from 30 years ago, the condition of the salmon is better, and they are somewhat heavier. The smelt spawning habitat is ample in the lake's tributaries to provide forage for the LLS, given the current LLS population. The number of lake trout caught has gone up by nearly 10 times since 30 years ago. And in 1991, only one brook trout was caught. In 2021, it was 20. And finally, smallmouth bass are abundant.

Kevin indicated the recommendations and plans going forward the next year are to monitor salmon growth and condition through this coming fall, maintain the annual spring yearling brook trout stocking program at =/- 4,500 and the fall program at 1,200, adjust the LLS stocking as appropriate (currently 6,000), continue to clean tributaries and monitor smelt runs and, finally, to transfer smelt eggs to multiple tributaries as needed.

Kathy Conley mentioned the fish fry release that took place in May with participation from Houlton Elementary school and IF&W. She is hopeful that this will continue annually, and more schools will be able to get involved. This year's Half-moon Island Picnic had about double the number of attendees from last year. U.S. Customs Agent Miller was on the island as well and we appreciated his availability and support. Agent Miller spent part of his summers at his family's camp which was on the American side just south of Old Man's Island.

Edwin Decker gave a very optimistic treasurers report. Progress is good!

David Townsend took over as interim Fisheries Chair in June. He also mentioned the tour that him and 4 other members were able to take at the Enfield ME. Fish hatchery.

John Johnston gave a report about water quality. Secchi Disk testing continues, and he is always looking for volunteers to help. Training is available for testing so just because you don't know how to do it now, don't let that stop you from jumping in and giving it a try in the near future. There is also a course on invasive plants should anyone want to take it. He also mentioned that there is a new law in Maine that says boats leaving Maine waters must empty its bilge and anything else carrying lake waters.

CariAnn Michaud gave a report on communications. Last year at the general meeting, it was stated that CLIC needed better communications. CariAnn began the CLIC Quarterly which is mailed to

members and write articles for the Danforth Community News, CLIC now has an email address for reaching out to the board: CLICboard@gmail.com. Ann Barnes is writing notes to people who join and for personal life events CLIC hears about. Frank Bolton has written articles about the salmon release and announcing the island picnic which appeared in the Houlton Pioneer Times. He also sent it to the Bugle Observer in Woodstock and asked if anyone had contact information rather than what the mast head provides. Mike Saunders has since followed up with him to give him that and contacts at the River Valley Sun, another paper published in Woodstock.

Needless to say, it was a very productive and informative meeting. CLIC would like to thank First Settler's Lodge for hosting and providing the snacks and refreshments for this meeting.

New Board Member

CLIC would like to send out a big shout out to Susan Slack for volunteering as a new board member! She brings a wealth of knowledge with her and we look forward to spending time on the water in the upcoming years! Thank you Susan!

To contact CLIC you can reach us through email at <u>Clicboard@gmail.com</u> or mail us a letter to: 82 Schoolhouse rd. Unit 30 Orient, ME. 04471

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Filling Shoes...

David,

Board service is one of the toughest 'volunteer' roles of all, and you performed with dedication and tenacity, as the CLIC President! You distinguished yourself as a judicious steward of CLIC and never flinched in the face of difficulties. The fight is fierce, and you took on the battle: "Save The Dam", Covid, Liaison with Ducks Unlimited Canada, Water Levels and Flows, 'Projected Natural Area' of conservation of "Forest Legacy Project", creating the guest books for the look-out, the passing of critical board members and SOO much more to list here! Your strong and effective leadership has put CLIC in a strategic position.

On both a professional and personal level, I am grateful for the time we worked together. As you look back on your time as CLIC President, please know that our achievements would not have been possible without you at the helm. We are pleased that you are remaining on the CLIC Board and willing to handle so many tasks.

A famous activist once said, "Wisdom is knowing what to do next, virtue is doing it." You proved to be both wise and virtuous! Thank you again for your service as the CLIC President. You have big shoes to fill!!

Sincerely, Kathy-

Executive Board

President - Kathy Conley

Vice Pres – CariAnn Michaud

Treasurer – Ed Decker

Secretary – Frank Bolton

Board Members

David Townsend

Ann Barnes

John Johnston

Susan Slack

CLIC Committees & Chairs - 2023

- - > Chair: David Townsend
- **L** Communications
 - Co-Chairs: Frank Bolton and CariAnn Michaud
 - o Members → Ann Barnes
- - Chair: John Johnston
 - o Members→ Jeremy Michaud
- - Chair: USA- CariAnn Michaud Chair Canada – David Townsend
- - > Chair: David Townsend
- **¥** Fisheries
 - Chair: David Townsend
 - o Members → Jeremy Michaud
- **★** Special Events
 - Chair: Kathy Conley
 - Members → Ann Barnes, Jeremy Michaud, CariAnn Michaud, Ed Decker, David Townsend
- - Chair: Kathy Conley
 - o Members → David
 Townsend, Ed Decker,
 Jeremy Michaud
- - CLIC's dually elected officers
- - Kathy Conley
- Sunshine and Sympathy Club
 - Chair: Ann Barnes